

SUPER SIX GIRL SCOUT COOKIES®

NUTRITION FACTS

2011 - 2012 Cookie Season

Savannah Smiles™

| Nutrition Facts | |
|--------------------------------|----------------------|
| Serving Size 5 Cookies (30g) | |
| Servings Per Container about 5 | |
| Amount Per Serving | |
| Calories 140 | Calories from Fat 45 |
| % Daily Value* | |
| Total Fat 5g | 8% |
| Saturated Fat 1.5g | 8% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 125mg | 5% |
| Total Carbohydrate 23g | 8% |
| Dietary Fiber 0g | 0% |
| Sugars 10g | |
| Protein 1g | |
| Vitamin A 0% | Vitamin C 0% |
| Calcium 0% | Iron 4% |

INGREDIENTS: Enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), sugar, vegetable oil (soybean, palm and palm kernel oil), dextrose, invert sugar, contains two percent or less of cornstarch, whey, corn syrup solids, salt, leavening (baking soda, monocalcium phosphate), natural and artificial flavor, milk, lemon juice solids, nonfat milk, citric acid, lemon oil, soy lecithin, annatto extract.

CONTAINS WHEAT, MILK AND SOY INGREDIENTS.
MAY CONTAIN TREE NUTS.

Diet Exchange: 1½ Carbohydrates, 1 Fat

Trefoils™

| Nutrition Facts | |
|--------------------------------|----------------------|
| Serving Size 5 Cookies (33g) | |
| Servings Per Container about 7 | |
| Amount Per Serving | |
| Calories 160 | Calories from Fat 70 |
| % Daily Value* | |
| Total Fat 8g | 12% |
| Saturated Fat 2.5g | 13% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 115mg | 5% |
| Total Carbohydrate 22g | 7% |
| Dietary Fiber less than 1g | 2% |
| Sugars 7g | |
| Protein 2g | |
| Vitamin A 0% | Vitamin C 0% |
| Calcium 0% | Iron 4% |

INGREDIENTS: Enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), soybean and palm oil, sugar, contains two percent or less of brown sugar, (sugar, molasses), sweetened condensed milk (condensed milk, sugar), dried buttermilk, salt, natural and artificial flavor, baking soda, soy lecithin.

CONTAINS WHEAT, MILK AND SOY INGREDIENTS.

Diet Exchange: 1½ Carbohydrates, 1½ Fats

Do-si-dos®

| Nutrition Facts | |
|--------------------------------|----------------------|
| Serving Size 2 Cookies (24g) | |
| Servings Per Container about 9 | |
| Amount Per Serving | |
| Calories 110 | Calories from Fat 45 |
| % Daily Value* | |
| Total Fat 5g | 8% |
| Saturated Fat 1.5g | 8% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 70mg | 3% |
| Total Carbohydrate 16g | 5% |
| Dietary Fiber less than 1g | 4% |
| Sugars 7g | |
| Protein 2g | |
| Vitamin A 0% | Vitamin C 0% |
| Calcium 0% | Iron 4% |

INGREDIENTS: Enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), sugar, whole grain oats, vegetable oil (soybean and palm oil), peanut butter (peanuts, palm oil, peanut oil), dextrose, invert sugar, contains two percent or less of whey, salt, leavening (baking soda, monocalcium phosphate), cornstarch, natural flavor, soy lecithin.

CONTAINS WHEAT, PEANUT, MILK AND SOY INGREDIENTS.

Diet Exchange: 1 Carbohydrate, 1 Fat

Samoas®

| Nutrition Facts | |
|--------------------------------|----------------------|
| Serving Size 2 Cookies (29g) | |
| Servings Per Container about 7 | |
| Amount Per Serving | |
| Calories 140 | Calories from Fat 70 |
| % Daily Value* | |
| Total Fat 7g | 11% |
| Saturated Fat 5g | 25% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 55mg | 2% |
| Total Carbohydrate 19g | 6% |
| Dietary Fiber 1g | 5% |
| Sugars 10g | |
| Protein 1g | |
| Vitamin A 0% | Vitamin C 0% |
| Calcium 0% | Iron 4% |

INGREDIENTS: Sugar, vegetable oil (partially hydrogenated palm kernel and/or cottonseed oil, soybean and palm oil), enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), coconut, corn syrup, sweetened condensed milk (condensed milk, sugar), contains two percent or less of cocoa, sorbitol, glycerin, invert sugar, cocoa processed with alkali, cornstarch, salt, caramelized sugar, dextrose, soy lecithin, carrageenan, leavening (baking soda, monocalcium phosphate), natural and artificial flavor.

CONTAINS WHEAT, MILK AND SOY INGREDIENTS

Diet Exchange: 1 Carbohydrate, 1 Fat

Tagalongs®

| Nutrition Facts | |
|--------------------------------|----------------------|
| Serving Size 2 Cookies (25g) | |
| Servings Per Container about 7 | |
| Amount Per Serving | |
| Calories 140 | Calories from Fat 80 |
| % Daily Value* | |
| Total Fat 9g | 14% |
| Saturated Fat 5g | 25% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 95mg | 4% |
| Total Carbohydrate 13g | 4% |
| Dietary Fiber less than 1g | 4% |
| Sugars 8g | |
| Protein 2g | |
| Vitamin A 0% | Vitamin C 0% |
| Calcium 0% | Iron 2% |

INGREDIENTS: Peanuts, sugar, vegetable oil (partially hydrogenated palm, palm kernel and/or cottonseed oil, soybean and palm oil, hydrogenated palm, soybean and cottonseed oil), enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), dextrose, cocoa powder, contains two percent or less of invert sugar, salt, cornstarch, soy lecithin, leavening (baking soda, monocalcium phosphate), natural and artificial flavor, whey.

CONTAINS PEANUTS, WHEAT, SOY AND MILK INGREDIENTS.

Diet Exchange: 1 Carbohydrate, 2 Fats

Thin Mints

| Nutrition Facts | |
|--------------------------------|----------------------|
| Serving Size 4 Cookies (32g) | |
| Servings Per Container about 7 | |
| Amount Per Serving | |
| Calories 160 | Calories from Fat 70 |
| % Daily Value* | |
| Total Fat 8g | 12% |
| Saturated Fat 5g | 25% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 120mg | 5% |
| Total Carbohydrate 22g | 7% |
| Dietary Fiber less than 1g | 3% |
| Sugars 10g | |
| Protein 1g | |
| Vitamin A 0% | Vitamin C 0% |
| Calcium 0% | Iron 4% |

INGREDIENTS: Enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), sugar, vegetable oil (partially hydrogenated palm kernel and/or cottonseed oil, soybean and palm oil), cocoa, caramel color, contains two percent or less of cocoa processed with alkali, invert sugar, whey, leavening (baking soda, monocalcium phosphate), cornstarch, salt, soy lecithin, natural and artificial flavor, oil of peppermint.

CONTAINS WHEAT, MILK AND SOY INGREDIENTS.

Diet Exchange: 1½ Carbohydrates, 1½ Fats