

## GIRL SCOUTS OF EASTERN OKLAHOMA RESIDENT CAMP PACKING LIST

### Items for All Sessions:

- Pillow and sleeping bag or bedroll (fitted & flat sheets for twin sized mattress, light blanket)
- Towels and washcloths
- Laundry bag
- Personal toiletry items (toothbrush, toothpaste, deodorant, sanitary supplies, brush, comb, hair ties, shampoo, soap, etc...) in carrying bag
- Flashlight with extra batteries
- Poncho or raincoat
- Whistle
- Non-aerosol sunscreen
- Hat with brim
- Non-aerosol bug repellent
- Canteen or water bottle with a strap
- 1 pair of long pants
- 1 long-sleeved t-shirt
- Sweatshirt or jacket
- Shorts and t-shirts (one set for each day)  
*\*NO HALTER TOPS OR TANK TOPS ALLOWED\**
- Swimsuit (no strapless or tube type swim tops)
- Underwear and socks (one pair for each day plus 2 extras)
- Sleepwear (pajamas, nightgown, etc...)
- Closed-toed shoes for daily camp life (tennis shoes, Crocs w/ heel strap)
- Shoes for the lake
- Pen and pencil
- Sports strap for glasses and/or extra pair of glasses/contacts

### Additional Items for One and Two Week Sessions:

- Eating kit (unbreakable plate, knife, fork, spoon, cup with handle; dip bag or open weave lingerie/laundry bag with ties)
- Stationery and stamps
- Daypack or small backpack

### Additional Items for Horseback Programs:

- At least 3 pairs of jeans
- Riding boots or shoe with ½ inch heel

### Additional Items Only for Two-Week Sessions:

- Wash basin & laundry detergent for washing clothes if you only packed enough clothing for one week

### Optional Items:

- ✓ Badge book
- ✓ Disposable camera
- ✓ Journal

### Camp Clothing FAQ:

Q: Can I wear tank tops at camp?

A: No, tank tops and halter tops are not allowed at camp. GSUSA *Safety-Wise* says, "In sunny, hot weather, sunblock and clothing covering shoulders and back will protect against sunburn."

Q: What kind of shoes can I wear at camp?

A1: For general camp use, closed-toed shoes are required. Tennis shoes and the original Crocs worn with the heel strap are appropriate. Please also make sure to have a pair of shoes that will be appropriate for walking rough terrain if your group takes a hike.

A2: For showering, any shoe is appropriate.

A3: For the lake, the shoe needs to have a hard rubber bottom with straps or lacing that hold the shoe securely to the foot. *Safety-Wise* says, "Laced sneakers or other nonslip footwear designed for watersports" are to be worn for sailing, canoeing, and kayaking. Teva-type sandals, tennis shoes, and aqua socks all fall under this category. Crocs, flip-flops, slides, and moccasin style shoes **are not appropriate** for lake activities.

### DO NOT BRING TO CAMP:

Food, candy, gum, and snacks are not allowed in the cabins because this attracts bugs, mice, and raccoons.

No aerosol cans are permitted at camp. No "slide" type shoes without a heel strap are allowed. No sandals, flip-flops, halter tops, tank tops, or items in glass containers are permitted at camp. Do not bring hair dryers, curling irons, or electric clocks.

The following items are camp program distractions and not appropriate for camp life. If found at camp,

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these items will be confiscated and given back to the parents on closing day: cell phones, personal music players, radios, electronic games, TVs, pagers, pocket knives.

### **Things to remember when packing:**

1. Older clothes and equipment are best for camp life.
2. Bring all items appropriate for the program you are attending.
3. Be prepared for Oklahoma's rapidly changing weather and bring appropriate clothing.
4. Label everything with your first and last name and Troop # before packing it.
5. Everything brought to camp should fit into bag(s) that you can carry to and from the parking lot, including your bedding. Only pack what you can carry by yourself.